

# The “Provoked Urine Challenge” The Most Accurate Way to Test Your Mercury Level

Provided by **MercOut.com**

Anyone who has studied the action of mercury knows that once it enters the body, it buries itself deep within your organs and tissues. It hides out in the cells of your brain, clings to the inner workings of your heart muscle, saturates your nerve endings, and invades your bones and fatty tissue, all the while damaging your health. Unfortunately, mercury does not circulate freely in the blood stream or urine where it’s easier to find. **Therefore, conventional testing methods—such as a standard blood, urine or hair sample testing—do not detect mercury adequately,** because that’s not where the mercury is accumulating. Mercury resides in the tissues and you have to bring it out in order to measure it.

The single most reliable method to test the level of mercury in the body is called the **Provoked Urine Challenge**. A special agent is used to “provoke,” or mobilize, the mercury, causing it to release its grip on body tissues and flow into the bloodstream, where it will be eliminated through the urine.

The provoking agent is called **DMPS**, short for dimercaptopropanesulfonate, which has been used successfully since the 1950s throughout the world to treat acute mercury poisoning. DMPS has the special properties of strongly binding to mercury in your tissues and then escorting it out of your body and into the urine where it is collected and then measured. This process of finding, binding and removing heavy metals is called “chelation” (pronounced *key-lay-shun*), and thus DMPS is called a chelating agent.

The DMPS Provoked Urine Challenge is performed in the comfort of your own home. **The urine test collection is easy to do and takes just 3 hours to complete, and is analyzed by a special independent laboratory.** The test report provides you and our physician with your level of mercury. The Urine Challenge kit will arrive at your door complete with full instructions, testing materials and shipping materials. **Important Note: If you are pregnant or nursing, do not perform this test.**

## ***Independent Laboratory Analyzes Your Test***

The highly regarded CLEA-certified laboratory **Doctor’s Data, Inc.** will analyze your urine and provide the result in a comprehensive and easy-to-understand report. Your test sample will be analyzed by **Mass Spectrometry**, an accurate state-of-the-art technology that detects trace amounts of mercury in your urine and expresses them in parts per *million*. Your test results will be provided to you as a numeric value, and will also be plotted on a bar graph that indicates whether your result is “Within Reference Range,” “Elevated,” or “Very Elevated.”

## ***What If Your Mercury Level Is High Following the Urine Challenge?***

If your mercury level is in the **“Elevated” or “Very Elevated” range**, there is a real possibility it is negatively affecting your health, either dramatically or at a low level. Mercury can cause

subtle changes that people just are not aware of and their doctors and testing do not recognize. **Some people mistakenly consider the absence of overt medical symptoms to be a sign of good or excellent health.** Often, after removing mercury, these same people are amazed at how much more energy and mental focus they have gained.

***What the Provoked Urine Challenge Test Includes***

**Mercury-only test: \$85 plus \$8.50 shipping**

**Full Toxic Metals Panel: \$125 plus \$8.50 shipping**

Once Dr. Danenberg has provided you with the SPECIAL DISCOUNT CODE providing you with a \$10 discount, you will be able to order through [www.MercOut.com](http://www.MercOut.com) by calling our toll-free Client Care center 24 hours a day at 877-530-4800. When ordering, please specify which test you would like. **YOU WILL NOT BE ABLE TO ORDER THE TEST WITHOUT DR. DANENBERG'S SPECIAL CODE. (Contact Dr. Danenberg through his email for the Code or for answers to other questions: [Al@DrDanenber.com](mailto:Al@DrDanenber.com))**

Both tests can be performed in the comfort of your home in just 3 hours. Both test kits include:

- § Test materials and instructions
- § Four 125 mg DMPS capsules
- § Free FedEx courier pack for shipping test sample to the laboratory (U.S. and Canada only)
- § Lab analysis fee
- § Easy-to-read color lab report